

How can I help keep my child **safe** and **happy**?



“LGBTQ+ youth living in **affirming homes and communities** reported **significantly** lower rates of suicide.”

-- *Trevor Project, 2022**

4 Quick Tips FOR Parents

Lead with love.

Long-held beliefs may get in the way of being able to respond positively. But, remember this: No matter how difficult learning about your child's sexual orientation or gender identity is for you, it probably was much more difficult for them to come out to you.

Show subtle support.

If overt support is a stretch at first, remember that subtle support can also make a difference. Whether it's speaking positively about an LGBTQ+ person you know, or a character from a movie, small hints let kids know that you are supportive.

Learn the terms.

Learning the language is a great way to start having important conversations. You will likely make a few mistakes along the way-- that's okay! Own it, apologize, and work to do better next time. Visit pflag.org/glossary to get started.

Remember that this is a journey and you're not alone.

There are more than eight million self-identified LGB people in the U.S., and approx. 1.4 million people who identify as transgender. There are LGBTQ+ people everywhere, and there are supportive families and allies everywhere, too.

Nearly **HALF** of LGBTQ+ youth have seriously considered suicide.*

-- 2022 *National Survey on LGBTQ Youth Mental Health*

*For the National Suicide & Crisis Lifeline, call 988







Together we **CAN**
make a **difference**
in the Brecksville
Broadview Hts
community!

We are an organized group of citizens who live and work in the Brecksville / Broadview Heights community. Our goal is to create a welcoming, supportive, and inclusive environment for the LGBTQ+ community.

Our mission is to, through activism, promote awareness, instill acceptance, promote inclusiveness, and foster a welcoming Brecksville and Broadview Heights community for all LGBTQ+ individuals, young and old, as well as those considering making Brecksville-Broadview Heights their home. We serve the community through educational events, meetings, lectures, training, and other resources and activities in order to expand understanding of and empathy for the daily and overall challenges LGBTQ+ individuals face — and we feel strongly that ultimately, this understanding helps save lives.

BBH  Brecksville-Broadview Heights
PRIDE
A Community Where You Can **BEE** Yourself!

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Please find us online to
learn **how you can help**
make our community
more understanding,
loving and **inclusive**.



For more information on how you can help or be helped scan the code and join our private group on Facebook! facebook.com/groups/bbhpride