

BBHCSD Indoor Athletic Facility and Weight Room Use (Effective 06/02/221)

Purpose of the Plan: The purpose of the plan is to provide supervised access to students during physical education classes and/or supervised access to athletes. This plan also addresses High School Weight Room access.

Alignment of Plan: Indoor athletic facilities and the weight room are aligned to the overall district plans for implementing COVID-19 precautions.

Plan Details and Strategies: Coaches and student athletes must comply with all Ohio Department of Health (ODH) and Ohio High School Athletic Association (OHSAA) Guidelines/Recommendations. All other students and staff members using the indoor athletic facilities or weight room must comply with ODH. Also anyone using the these areas must refer to and comply with the standards set forth by the Responsible Restart document for Fitness Center which can be found [HERE](#) and all other District-level procedures and practices for such use.

Hours of Operation: These areas will be made available through the Athletic Department. Only staff, supervised student-athletes, and supervised students who are actively participating in a physical education (P.E.) class can utilize these areas.

Weight Room Usage:

- Teams must have a time scheduled in the weight room. Contact the Athletic Department to schedule time and check availability. This schedule is not permitted to be altered.
- Coaches must perform and document a COVID-19 symptom check, temperature check, and record workouts anytime they use the weight room or gyms for contact tracing purposes.
- Athletes and coaches must be courteous to others and will not exceed their allotted time.
- Coaches must have a program set where everyone is at least three apart unless spotting and the spotter must wear a mask, as addressed below.
- No more than 30 people in total will be permitted in the weight room at the same time.
- Spotters must wear masks and only be close while the lift is happening.
- Coaches and athletes must properly wipe down and sanitize all equipment before and after each use. This includes, but is not limited to benches, dumbbells, weight bars, collars, weight stacks, weight pins, medicine balls, racks, etc.
- Sanitation products (spray bottles of disinfectant & paper towels) are available throughout the weight room.
- No machines/equipment are to be moved or taken out of the fitness center.
- At the end of every workout, coaches will ensure all weights, benches, racks, are cleaned and sanitized, and that all trash, including paper towels used for sanitizing, has been thrown away in trash receptacles.

Weight Room cleaning plan: Spray bottles of EPA registered COVID-19 killing disinfectants or EPA registered disinfectant wipes will be placed throughout the fitness center. Sufficient quantities of disinfectants will be maintained in the weight room to provide access at multiple locations. Students will not use the weight room unless enough supervision is provided to ensure that each piece of equipment is sanitized before and after each use. In addition to users, instructors, and staff members sanitizing the equipment before and after each use the custodial staff will clean and sanitize the areas on a daily basis Monday through Friday.