

CUYAHOGA COUNTY

BOARD OF HEALTH

YOUR TRUSTED SOURCE FOR PUBLIC HEALTH INFORMATION

GUIDANCE FOR PARENTS OF SCHOOL-AGE CHILDREN

Deciding when to keep your children home from school can be a difficult decision. While a cold may have a mild effect on your child's health, other illnesses such as flu, mumps, and measles are more serious in nature and can spread throughout the school community, making many people ill in addition to your child.

If students show the following symptoms, they should stay home. Their medical provider should be contacted for advice about treatment and potential medication.

- Cough with congestion
- Diarrhea
- Fever of 100°F or higher/chills/body aches
- Persistent sneezing and coughing
- Severe sore throat
- Vomiting

By keeping your child at home, you are protecting their health as well as that of their fellow students and the school staff.

Please visit the Centers for Disease Control and Prevention's website at www.cdc.gov for additional information.

References

<https://www.cdc.gov/flu/school/guidance.htm>

https://www.cdc.gov/H1N1flu/childcare/toolkit/pdf/email_parents032410.pdf