



# **CROSSFIT KIDS AT CROSSFIT MANTRA!**

**WHO: AGES 6-12**

**WHAT: *games, basic skills, and workouts  
with light weights & body weight exercises***

**WHERE: CROSSFIT MANTRA,**

***319 Treeworth Blvd, Broadview Heights***

**WHEN: Saturdays @ 11:00am-11:45am**

**WHY: *A unique, fun, and exciting way to get  
your kids moving!***

*For more information, contact Kim Robatin at*

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*216-409-9627*